



FASD-CAN Incorporated

Uniting Caregivers & Strengthening Families Living With FASD

"Kia kotahi tatou, te matauranga, a koutou kia kaha ai te tahi"

(Let us unite, share knowledge, and draw strength from each other)

A one day parent/caregiver workshop

The purpose of this workshop is:

- to bring parents and caregivers together
- to learn about latest FASD evidence
- to brainstorm strategies that can be applied at home & in the community
- to explore parent/caregiver self-care strategies
- to share and learn from personal experiences

Who is this seminar for?

Parents and carers of a person with FASD or suspected FASD. As a strategy workshop, a basic understanding of FASD is assumed.

Come prepared with ideas - participation is a pre-requisite!

When: Thurs SEPTEMBER 10, 2015 9 am - 3 30 pm (*Morning tea/ lunch are provided - please inform us of any dietary requirements on registration*)

Where: The FASD Centre 2nd Floor, YES Disability, 3 William Laurie Place, Albany(see map over)

**Cost: Free for FASD-CAN Members,
\$35 *for non-members**

*** first years membership to FASD-CAN included**

Please note: There are no childcare facilities available for this Parenting Workshop. If you wish to attend but have no alternative childcare in place, please contact Tracey to discuss further options.

To register: Email Tracey at tracey.jongens@fasd-can.org.nz before Sept 1.